

## Sacramento State Council on Developmental Disability Regional Advisory Committee (RAC) Agenda



Date	Tuesday, December 17, 2019
Time	10:00 a.m. - 1:00 p.m. (1:00-2:00 informal networking)
Location	3831 North Freeway Blvd. Suite 125, Sacramento, CA 95834. (Large Conference Room in SCDD office). For directions, call 916-715-7057.

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Kathy Brian at (916) 263-8133 or by email to: [kathy.brian@scdd.ca.gov](mailto:kathy.brian@scdd.ca.gov). Requests must be received by 5:00 p.m., December 10, 2019.

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- 1) Call to Order, Chairperson, Karen Mulvany (FA) 10:00 a.m.
    - a. Welcome RAC Members & Introductions
    - b. What does Inclusion mean to you?
  - 2) Approval of RAC Agenda, Karen Mulvany (FA) (action)
  - 3) Approval of RAC Minutes, 10/15/2019, Karen Mulvany (FA) (action)
  - 4) Brief reports from RAC members on issues in their counties (2-3 min. each)
  - 5) Public Comment Period  
This item is for members of the public to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak.
  - 6) Alta California Regional Center update on services, ACRC
  - 7) Update on Statewide Self-Advocacy Network (SSAN) Report, Lisa Cooley (SA)
  - 8) **Why you should be counted in the Census 2020** April Wick, RIL & DRC
  - 9) Regional Office discussion of next **Grant Cycle Goal Areas** (staff)
  - 10) Agenda items for next meeting (2/11/20), Karen Mulvany (FA) (action)
  - 11) **Town Hall Meeting, Sonya Bingaman SCDD** **1:00-2:00 p.m.**
  - 12) Adjournment – Karen Mulvany (FA)

Light lunch is being offered by staff and RAC members. Bring your own beverage!

Special Note: This is a public meeting, everyone is welcome to attend. Your input, comments, concerns, suggestions, are all welcome! We look forward to meeting you!

# Sacramento RAC

## Regional Advisory Committee Minutes

### DRAFT

Date	Tuesday, October 15, 2019
Time	10:00 a.m. - 1:00 p.m.

Members Present	Members Absent	Others Attending
Karen Mulvany (FA)	Jesana Tran (FA)	Joyce McNair (FA) Council Member
Glenda Servantes (FA)	Nancy Esparza (SA)	Lisa Cooley (SA) SSAN (phone)
Jane Taylor (FA)	Elaine Linn (FA)	Mike Butler, Northstar
Tyson Whitman (SA)		Nicole Mion, Help Me Grow
Donnell Kenworthy (FA)		Jamie Elliott
Benita Ayala (FA)		Jason Lindo, Alta CA Regional Center
Christine Hickey (FA)		Charla McKenna, DDSO
Brandy Boyd (FA)		Kellie Willey, Inalliance
		Garrett Broadbent, Meristem
		Ravita Devi, SCDD Staff
		Kathy Brian, SCDD Staff
		Sonya Bingaman, SCDD Staff

- 1) Call to Order, Chairperson, Karen Mulvany (FA) 10:10 a.m.
  - a. Welcome RAC Members & Introductions
  - b. Favorite Halloween Costume/Character!
- 2) Approval of RAC Agenda, Karen Mulvany (FA) (action)  
 First - Brandy Boyd    Second - Tyson Whitman Yes 8/No 0/Abstain 0
- 3) Approval of RAC Minutes, 8/20/2019, Karen Mulvany (FA) (action)  
 First - Brandy Boyd    Second - Glenda Servantes Yes 8/No 0/Abstain 0
- 4) Brief reports from RAC members on issues in their counties

Christine Hickey- Sutter County

- Shared information on various Family Soup support group. There is a Sibling Support group for children from Sutter/Yuba counties beginning October 24<sup>th</sup>. There are autism, scrapbooking, PALS, and IEP/Education support groups and trainings. See [www.familysoup.org](http://www.familysoup.org) for more information.

Donnell Kenworthy- Yolo County

- Participating in the Sacramento Medi-Cal Dental Advisory Group and the General Anesthesia Workgroup. Last meeting was August 28<sup>th</sup>. Issues concerning the ID/DD population's access to general anesthesia was discussed including frequent denials from Anthem Blue Cross to fund the medical/hospital portion of general anesthesia. There have been some programs to pay education loans off for dentists who commit to serving the Medi-Cal/Denti-Cal population for several years.
- Attended the Supported Life Conference with her son, DJ, last week on October 10 and 11. It was very informative and there were great speakers. There was a focus on diversity and that everyone has a place in employment. Keynote speakers were wonderful.

#### Jane Taylor- Nevada County

- Attended Health and Wellness Conference put on by the ADRC in Grass Valley.
- Attended a training on Stem Cells Research for pain and mobility. The shots are \$6,000 for one shot, and it gets rid of severe pain. Requires out of pocket payment.
- Involved in NCADD basketball and then later, baseball.
- Recently went to Disneyland in Florida with family.

#### Benita Ayala- Sacramento County

- Attended Fly Brave Foundation's Wrestlemania event at Strike last weekend.
- Fly Brave Foundation will have a talent show on November 23<sup>rd</sup>. Learn more at <https://www.flybrave.org/>.
- Sacramento City Unified School District is being sued for discriminatory practices against African American students.
- There is a CAC meeting tonight in Spanish at the Serna Center.
- Discussed visit to Woodland Police Department.
- UCD Mind Institute will hold a Trunk or Treat event 10/25/2019. Learn more at <https://health.ucdavis.edu/mindinstitute/>.
- She got a new part-time job at the UCD Mind Institute in the Resource Center.

#### Tyson Whitman- Placer County

- Was on the Planning Committee all year for the Supported Life Institute Conference, learned a lot and had a great time. Assisted with SCDD session on Emergency Preparedness.

#### Glenda Servantes- Yuba County

- The two families she was working with finally made it through the IHSS application process.
- Housing is still a major issue. Many individuals are requesting placement into residential care because they cannot locate affordable apartments.

#### Brandy Boyd- At-large

- Brandy is on the City of Sacramento Disability Advisory Commission which meets at the New City Hall. Sonya and members of the public attended the last meeting where Share Rideables were discussed. These are blocking sidewalks and doorways and creating issues for individuals with mobility issues to safely maneuver around town. The City is looking into the issue but there is no way to ticket riders yet. There will be a follow up meeting in February to discuss this issue again. The DAC is working with the Public Works Department to be able to review development plans in the City at earlier phases of planning so they can give valuable input.
- Talking to Sacramento Police Department to discuss officer and dispatch trainings about interacting with individuals with ID/DD.
- We Embrace is starting a sibling group which is more social. They'll meet at a pizza restaurant. Check out their website at [www.weembracefamilies.org](http://www.weembracefamilies.org)
- Warmline is hosting a film screening and discussion panel called Hearts of Glass this Saturday. There are seats available. It is free to attend. Flyer handed out.  
<http://www.warmlinefrc.org/trainingsactivities.html>

#### Karen Mulvany- El Dorado County

- 9/6/2019- Attended LPPC Meeting. Discussed ADU bills approved by legislature, and that AB 670 had been chaptered. All the remaining ADU bills were subsequently signed by the governor: AB 68, AB 881, SB 13, AB 671. The new laws will allow up to 1 ADU plus 1 JADU to be built on each single-family residential lot, along with a primary residence: 3 units per lot! Many other positive changes were enacted. This will be an important low-cost housing option for families, residential facility operators, and others.
- 9/11/2019- Attended Self Determination Advisory Committee meeting at ACRC. One vendor service provider attended and stated that while regulations prohibited innovative ideas, he saw that Self Determination as the opportunity for innovation in serving people with IDD.
- 9/12/2019- Attended Provider Advisory Committee meeting at ACRC. Very impressed with the open discussion and enthusiasm coming from providers under the leadership of John Decker.

- 9/19/2019- Attended 2020 California Consolidated Plan Housing Needs Focus Group at HCD in Sacramento. Spoke and provided written documentation about how the SSA will cut SSI benefits for anyone who is provided a housing unit, such as an ADU, at a rent that is below the market rate. If instead the state provides “Assistance Based on Need” to pay for a portion of the rent, the SSA will not cut SSI benefits. Another option: use ABLE account funds to pay market rate rent.
- 9/26/19-9/27/19- Attended Lanterman Housing Alliance Summit Statewide, IDD affordable multifamily housing is under pressure due to competition from better funded housing dedicated to the homeless, seniors and veterans.
- Subsequently, the Governor vetoed SB 5, an affordable housing bill that would have diverted up to half of its \$2 billion a year in funding to affordable housing. In senate now.

#### Joyce McNair- Council Member Report

- Researching about SCDD and how it is funded through the Administration on Intellectual and Developmental Disabilities (AIDD) which is under ACL, which is part of the Federal Health and Human Services department. At the same time, SCDD is mentioned in California’s W&I codes. The two main parts to SCDD are the State Plan activities completed by the 12 Regional Offices and Grants.
- Attended the Council Meeting last month on September 17<sup>th</sup> and will try to come to all RAC Meetings in the future and share news about the Council.

#### 5) Public Comment Period

This item is for members of the public to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak.

- Nicole Mion, Help Me Grow, commented that the Children’s Therapy Center is going to have a Halloween Party on Sunday October 20<sup>th</sup> in Woodland. Flyers were shared after the meeting.
- There are Parent Engagement Groups in Winters, Esparto, West Sacramento, and Davis. They are collaborating with Help Me Grow and behaviorists.

#### 6) Alta California Regional Center update on services, ACRC

Jason Lindo, Associate Client Services Director, ACRC, provided the following updates:

1. Self-Determination Program Orientations are scheduled for 9/21, 10/19, 10/26, 11/2, 11/16, 12/7. The cut off to go through orientations before being dropped from the list by DDS is November 15<sup>th</sup>. DDS will do a second pull of participants for SDP in November/December. ACRC added 35 new names to the list of about 2,000 from ACRC's catchment area. ACRC now has 180 slots for SDP. 65 have gone through Orientation and are continuing with developing PCPs and IPPs to start SDP. 69 have declined the program after being selected. 46 more still need to go through Orientations. Families have been called twice, sent letters, and received home visits.
2. ACRC recently went through several Medicaid Waiver audits and did very well. 60% of their clients are on the Waiver.
3. Two ACRC offices (in Placerville and Grass Valley) experienced power outages. They are communicating with DDS and OES about future outages.
4. ACRC hired a Social Media Consultant. They'll be revamping their website and increasing their social media presence. Please complete their survey.
5. They have a vacancy of an adult caseload Manager in Sacramento.
6. Future topic suggestions were: Employment; Health and Safety Waivers; Medicaid Waivers; Transition to Adult Services; Conservatorship and Powers of Attorney; Disparities; Social Media and Website resources; Update on Dental Clinic.

## 7) Presentation on Statewide Self-Advocacy Network (SSAN) Report, Lisa Cooley (SA)

Lisa Cooley, SSAN Representative shared that she will attend the SSAN meeting on December 4-5, 2019. She will give a presentation on her education experience. She also attended the two-day Lanterman Housing Summit in September. In response to questions about IHSS applications, she shared the following information:

1. Call Sacramento County IHSS (916) 874-9471. You will be asked questions about your child's needs by an intake worker
2. You will get a letter in the mail with the name of the IHSS social worker assigned to your case for a need's assessment (during the assessment the social worker will ask you to describe in more detail questions regarding what your daughter can and can't do and how much time daily activities take)
3. Be prepared with names of doctors and medications and emergency contacts
4. Be prepared for social worker type of questions

## 8) Sacramento Regional Office Updates Sonya Bingaman/Kathy Brian (staff)

Sonya shared:

a. Supported Life Conference: over 375 people attended the conference this year. Sessions were full, topics were current, and people were commenting about how much they were learning at each session. Keynotes by Kristin Wright, Director of Special Education for California, Nancy Bargmann, Director of the Dept. of Developmental Services, and Laurie Rodriguez, Human Resources Director at SMUD were all inspiring. SCDD staffed an Information Table and a Rapid Resource Table for Emergency Preparedness information. SCDD staff also led breakout sessions on Emergency Preparedness and Self-Determination in California. Both sessions were well attended. SCDD is a co-sponsor of the conference.

b. If you are interested in being involved in the Self-Advocacy Conference, May 2020, consider applying to lead a session. Applications will be due in early 2020. This conference is organized by and put on for self-advocates. Most sessions are led by self-advocates.

c. Thank you to DDSO Short Centers North and South for putting up an art show on the walls of the SCDD Large Conference Room. We hope the artists can attend the next RAC meetings to be celebrated.

d. We are seeking other artists, perhaps transition aged, to put on a display in the Lobby in January/February.

e. Please complete Volunteer Forms for hours volunteered on behalf of SCDD RAC during the last 3 months.

f. SCDD is coordinating an SDP Independent Facilitator Training on November 9<sup>th</sup>, 2019 from 9am-3pm. 100 individuals have already registered. The event is full.

g. SCDD is collaborating with Deirdre Walke, ADA Program Manager for PG&E. A conference call with Managers from around the state to give input on the power outages will be planned.

h. Kathy and Sonya attended a session at SLI on Housing. Each county has a Housing Element that addresses what their plans are for increasing affordable and accessible housing in their county over an 8-year period. Most of these plans will be reviewed in 2020. Public Input will be sought. SCDD urges SA/FA to show up and share their stories about the need for more affordable housing.

i. Sonya is on the planning team for the Sacramento Housing Alliance's conference in December.

Kathy shared being involved with the following events and organizations:

- Workforce meetings - Workforce Investment Board (WIB) meetings occur in each county. A Job Fair was sponsored and provided by the Business Advisory Council in September where over 75 businesses participated; an inclusive event open to all community members.
- Special Education Local Plan Area Community Advisory Committee (SELPA CAC) meetings throughout our 10-county school district area. The SELPA CAC is a great advisory committee for parents and students to be more involved in their education and to advocate for inclusive practices. SCDD will focus on transition aged youth.
- Aging and Disability Resource Connection meetings in Placer, Yolo, Sutter, Yuba and Colusa Counties.
- People First group in South Lake Tahoe and provided training/information on Housing.

9) Agenda items for next meeting (12/17/19), Karen Mulvany (FA) (action)

Paratransit was suggested as a topic.

10) Approve schedule for 2020 RAC meetings, Karen Mulvany (FA) (action)

First- Glenda Servantes Second- Brady Boyd Yes 8/No 0/Abstain 0

11) **Training on Competitive Integrated Employment and Job Development**, Kathy Brian, SCDD & Kellie Willey, Job Developer, INALLIANCE **12:00-1:00 p.m.**

- Kellie Willey gave a training on Competitive Integrated Employment and job development. She discussed why it is important to individualize each job to fit the person.

12) Adjournment – Karen Mulvany (FA) 1:00PM